

1986 Region 5AA- May 28, & 29, 1986 - Park Center

Teams: Mpls North 102, Mpls Roosevelt 86, Osseo 61, Park Center 58, Minnehaha Academy 50, Totino Grace 40, Benilde-St. Margaret 28, Mpls South 21, Holy Angels 18, Fridley 16, Mpls Edison 16, Mpls Henry 16, Mpls Washburn 12, Mpls Southwest 7.

110 Meter High Hurdles

- 1 Dan Banister, North 15.12
- 2 Bob Wiley, Osseo 15.70
- 3 Kaj Winje, South 15.71
- 4 Peter Schoenke, Southwest 15.73
- 5 John Welkes, Holy Angels 15.85
- 6 Mike Widdifield, Minnehaha 16.10

100 Meter Dash

- 1 Johnny Houston, North 10.91
- 2 Phil Varnardo, North 11.06
- 3 Harry Jackson, Roosevelt 11.07
- 4 Demetre Martin, Henry 11.08
- 5 Ted Beale, Minnehaha 11.29
- 6 Brian Adduci, Grace

1600 M. Sprint Medley Relay

- 1 Osseo 3:39.15
- 2 Park Center 3:41.61
- 3 North 3:44.70
- 4 Roosevelt 3:49.75
- 5 Benilde-SM 3:51.48
- 6 Fridley 3:51.53

1600 Meter Run

- 1 Brian McCollor, Roosevelt 4:23.07
- 2 Erik Peters, Edison 4:26.69
- 3 Doug Cross, Minnehaha 4:32.00
- 4 Todd Follis, Minnehaha 4:35.54
- 5 John Serena, Henry 4:39.20
- 6 Joe Ronyak, Grace 4:41.52

400 Meter Relay

- 1 Roosevelt 43.17
- 2 North 43.26
- 3 Grace 44.48
- 4 Park Center 45.03
- 5 Benilde-SM 45.87
- 6 Southwest 46.23

400 Meter Dash

- 1 Kurt Hopson, Fridley 51.45
- 2 Steve Dolan, Holy Angels 51.96
- 3 Jim Colin, Park Center 52.35
- 4 Paul Plinske, Washburn 52.75
- 5 Charles Davis, North 52.96
- 6 Richard Brown, South 53.40

300 M Intermediate Hurdles

- 1 Dan Banister, North 38.84
- 2 Kaj Winje, South 40.78
- 3 John Welkes, Holy Angels 41.90
- 4 Carl Littlejohn, Park Center 42.05
- 5 Adam Wilbrecht, Southwest 42.37
- 6 Tony Carter, Roosevelt 42.66

800 Meter Run

- 1 Matt Ferry, Osseo 1:58.59
- 2 Erik Peters, Edison 1:58.94
- 3 Lloyd Dennis, North 2:01.54
- 4 Matt Wicklund, Osseo 2:03.77
- 5 Darren Wesloh, Park Center 2:03.86
- 6 Chris Dorsey, Minnehaha 2:04.81

200 Meter Dash

- 1 Johnny Houston, North 22.23
- 2 Phil Varnardo, North 22.45
- 3 Ted Beale, Minnehaha 22.85
- 4 Bill wensel, Park Center 22.90
- 5 Demetre Martin, Henry 23.02
- 6 Brad Rathe, Osseo 23.13

3200 Meter Run

- 1 Brian McCollor, Roosevelt 9:32
- 2 John Larkin, Benilde-SM 9:40
- 3 Glen Necklen, Park Center 9:56.9
- 4 Todd Follis, Minnehaha 9:59.7
- 5 Doug Cross, Minnehaha 10:02
- 6 Karl Johnson, Roosevelt 10:03

1600 Meter Relay

- 1 Osseo 3:28.65
- 2 Henry 3:31.78
- 3 North 3:31.78
- 4 Park Center 3:32.00
- 5 Fridley 3:35.00
- 6 Holy Angels 3:38.42

High Jump

- 1 Keith Fickle, Osseo 6-4
- 2 Ben Samuel, washburn 6-4
- 3 Jerry Smith, Roosevelt 6-2
- 4 B.J. Haines, South 6-0
- 5 Kirk Swenson, Fridley 6-0
- 6 Steve Dolan, Holy Angels 5-10

Pole Vault

- 1 Mark Shirley, Minnehaha 12-6
- 2 Latana Vanndrong, Roosevelt 12-6
- 3 Todd Vande Hei, Benilde-SM 12-0
- 4 Mark Overland, Roosevelt 12-0
- 5 Kyle Kleven, South 11-0
- 6 L. Khoenesauan, Roosevelt 11-0

Long Jump

- 1 Johnny Houston, North 21-11
- 2 Pat Kelly, Minnehaha 21-1
- 3 Kevin O'Brien, Grace 20-10
- 4 Kris Medlock, Roosevelt 20-8
- 5 Ramon Wilder, North 20-6
- 6 Jerry Smith, Roosevelt 20-5

Triple Jump

- 1 Jerry Smith, Roosevelt 43-5
- 2 Kris Medlock, Roosevelt 42-11
- 3 Mike Widdifield, Minnehaha 40-6
- 4 Kurt Maus, Park Center 40-4
- 5 Kevin O'Brien, Grace 40-4
- 6 Mark Tapsak, Fridley 39-4

Shot Put

- 1 John Zemenskie Benilde-SM 52-0.5
- 2 Ben Beutsch, Grace 52-0
- 3 Doug Rausch, North 49-6.5
- 4 Fred Stevens, Park Center 47-10.5
- 5 Dave Nallick, Grace 47-1
- 6 Travis Annette, Osseo 47-0.25

Discus

- 1 Jeff Krieger, Grace 153-4
- 2 Fred Stevens, Park Center 137-9
- 3 Mike Fritz, Osseo 134-10
- 4 Dave Nallick, Grace 132-2
- 5 James Roberts, Roosevelt 130-4
- 6 Travis Annette, Osseo 127-0

Notes: Minneapolis North's Head Coach was Lee Bellfield.